

## Route Information



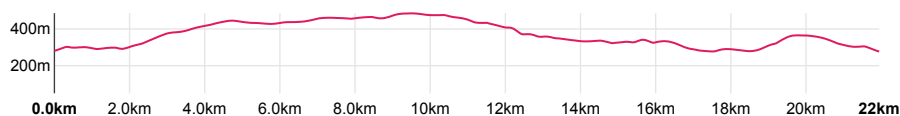
Route Name BSARU Half Marathon Route 2016

Starting at the Watch proceed along the Southern Upland Way through Scarlaw Farm taking care on the shallow ford beyond. Continue along the track until it joins the gravel wind farm road when you turn left on The Southern Upland Way. In 700m turn right onto grassy track to continue on the Southern Upland Way. Follow this as it climbs up to the Cairns at Twin Law. Initially you will have a wall on your left until you cross it at a stile after 1.5km. At the Cairns stop and enjoy the panoramic view that has opened up as you gained height. The Southern Upland Way bears right and you follow this until it turns sharp left at a marker post in c1.5km. At this point you continue straight ahead along Blythe Edge keeping the fence on your right. Follow this fence line as it goes uphill and bears left after 2.5km towards Wedder Lairs. At the high point the fence turns towards your right and you should follow this past Titling Cairn (very small feature) to a gate on your right after 750m. Go through the gate and continue along for another 250m with the fence now on your left until you come to a fence going off to your right. Follow this downhill until you come to a Windfarm gravel track after 600m. Turn right on this track and follow it as it bears left in c400m. Keep to this as it goes downhill below the wind turbines and crosses a bridge over the burn. At the T junction over the bridge turn sharp right and keep to this gravel road as it follows the infant Dye Water down the valley past Byrecleugh farm and houses where it joins the tarmac road. After 0.5km leave the tarmac road and bear right over a bridge onto the wind farm gravel road heading uphill. In 2km turn left onto a grass track heading gently downhill. Follow this for 1.1km until you turn sharp right at the corner of a wall. Keeping the wall on your left follow the track past woods (on your left) as it goes downhill and turns right before rejoining the Southern Upland Way. Turn sharp left through the gate/cattlegrid for the final 200m along the tarmac road to The Watch and your well earned finish.

## Route Summary

Total Distance	21.92 km (13.62 mi)		
Elevation	277 m (907 ft) at lowest point	Walk	5 h 8 min
	486 m (1594 ft) at highest point	Run	2 h 45 min
Total Ascent	457.5 m	Cycle	1 h 54 min

## Elevation Profile



## Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevations
1	NT 661 567	0.00 km	55° 48' 10" N	2° 32' 29" W	281m (923ft)
Dist to next: 0.06 km					

95 NT 661 568

21.92 km

55° 48' 11" N

2° 32' 28" W

277m (908ft)

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